



Nashwaaksis  
Memorial School  
Fredericton, NB

February, 2020

This Month...

## NMS Newsletter

### Working towards Kindness and Empathy

Parents/Guardians/Students,  
February is full of wonderful themes that remind us to be kind, caring, and empathetic of others.

From 'Staff Appreciation Week' (Feb. 11-14), to Valentine's Day (Feb. 14), to National Family Day (Feb. 17), to Pink Shirt Day (Feb. 26), to Black History Month (all of February), there is no shortage of amazing reminders of what it means to be a kind, caring, and compassionate citizen.

We encourage you to have discussions with your child about **what they do to spread joy and kindness to their friends, teachers, and all other important figures in their life.**

<https://www.randomactsofkindness.org/kindness-ideas>

<https://www.highlights.com/parents/articles/25-totally-cool-random-acts-kindness-your-kids-will-love-do>

Have a look at these links for kindness ideas!

### Gr. 4 and 5 Student Survey Results

The results are in! Our older students have identified significant increases in...

- **Feeling a sense of belonging** (83%)
- **Positive Relationships** (91%)
- **Positive Behaviors at school** (94%)

Perhaps the most impressive statistics are that they have identified a **16% decrease in Bullying and Exclusion and an 11% increase in feeling safe at NMS since 2018-2019!** This puts us well above the Canadian Average!

**Happy Students make  
Learning Possible!**

### Donations

Anyone interested in contributing to our Star Student of the month prize packages may reach out to Mr. Moore - [tayne.moore@nbed.nb.ca](mailto:tayne.moore@nbed.nb.ca)

Thank you to those who have donated to our program so far! Please see 2<sup>nd</sup> attachment for a list of our contributors.



### Reminders to Parents/Guardians

Have a look at our Parent Handbook under the 'documents' section on the front page.

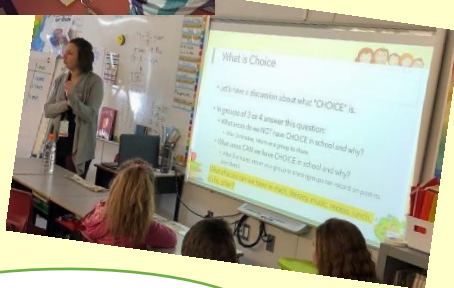
Hot lunch forms go home on Feb. 6<sup>th</sup> and are due back on the 18<sup>th</sup>.

Milk forms go home on Feb. 11<sup>th</sup> and are due back on the 25<sup>th</sup>.

Our next PSSC meeting is set for Feb. 18<sup>th</sup> at 6:00pm.

Student drop-off and pick-up: We would like to remind any adult who plans to enter the building to immediately go to the front office (middle floor). Our wonderful admin assistants will take care of the rest (checking your child in, calling their class teacher to notify of early dismissal, dropping off a snack or article of clothing, etc).

We want to celebrate and acknowledge Student Achievements outside of school hours! Be sure to send images/write-ups to [alex.yaychuk@nbed.nb.ca](mailto:alex.yaychuk@nbed.nb.ca) or via twitter @MemorialNasis. Mme. Thibodeau will then post these on our Welcome TV Screen as well!



**Nashmore Roars  
go out to...**

**Mrs. McGivney and the Nashwaaksis Lions Club** for collaborating together to donate 10 hockey helmets for our school!

**Mrs. Deponte, Mme. Mead, Mme. Leclerc, Mrs. Carr, Mrs. Tucker, Mrs. Hoyt, Mrs. Wall, Mrs. Caverhill, Mrs. Murphy, and Mr. Moore** for taking extra time in their busy days to introduce our School Improvement Goal to our Gr. 3-5 kids and gather feedback!

**Mr. Moore and the Grade 5 leaders** for beginning Kindergarten and Gr. 1 activities during recess times on our Playground!

### **Student Resiliency: Mistakes = Learning**

Many children begin to put undue stress on themselves at a young age. While it is tempting for adults to try and fix these problems immediately, it can be a contributing factor to children lacking in resiliency skills. Have a look at this article...

<https://childmind.org/article/how-to-help-kids-learn-to-fail/>

Our teachers regularly remind students that it is good to make mistakes because it makes our brains grow! We encourage similar language at home!



### **Last Month's Highlights**

Teachers on our Core Leadership Team presented and spoke with all grade 3,4, and 5 classes on the topic of our **School Improvement Goal, 'Voice and Choice'**. Students gave feedback on how to make our school an even better one! This feedback will be used for planning the remainder of the school year!

Our 3<sup>rd</sup> Star Student Celebration took place on the 28<sup>th</sup>. Our newest stars walked proudly throughout the school and received loads of high-fives and fist-bumps!

Our Leo Hayes Student Leaders celebrated their final day with our K-3 clubs and Gr. 3 reading buddies!

Our teachers took part in a variety of Professional Learning opportunities this past month: Using iPads and Green Screens, Science, Social Emotional Learning, Team building, Learning about anxiety and mental health, and Non Violent Crisis Intervention.

### **Important Upcoming Events**

#### **100<sup>th</sup> Day of School (without snow days)**

Friday, February 14<sup>th</sup> \***Valentine's Day** 

#### **No School for Students & Staff**

Monday, Feb. 17<sup>th</sup> (Family Day)

#### **Hot Breakfast (Prepared by YCC and Northside Rotary)**

Tuesday, Feb. 4<sup>th</sup> (Ks only) & Tuesday, Feb. 25<sup>th</sup> (Gr. 1 only)

#### **Grades 3, 4, & 5 Sock Hop**

Friday, Feb. 28<sup>th</sup> – Lunch time - \$1 per student

#### **Popcorn Day**

Friday, February 7<sup>th</sup>

#### **Pink Shirt Day & Student Stars of the Month**

Wednesday, Feb. 26<sup>th</sup> – Students selected by teachers at all grade levels will be celebrated for hard work and being good citizens.

#### **100<sup>th</sup> Day Food Drive**

Feb. 10-14 – Items to be sent to school which support our local Community Kitchen